

# ORANGE THE WORLD 2021

**#NOEXCUSEFORABUSE**

25th November - 10th December 2021

## **16 Days of Activism Toolkit**

Stand up and speak out to tackle gender-based violence and abuse

A campaign delivered by:

SAVERA UK

# INTRODUCTION

## ORANGE THE WORLD AND THE 16 DAYS OF ACTIVISM

For the second year, Savera UK and Zonta Club London (a member of Zonta International) are joining forces to raise awareness of violence against women and girls in the UK and around the world, and speak out against domestic violence/abuse, rape and harassment, as well as more hidden harmful practices like 'honour'-based abuse, female genital mutilation and forced marriage.

The campaign is an extension of the UN's "Orange the World" campaign, where landmark structures around the globe are lit orange to mark the 16 days of activism, from the International Day for the Elimination of Violence against Women and Girls (25th November) to Human Rights Day (10th December).

This year, we want to make clear that there is no excuse for abuse and rally people to take action that will ensure that our towns, cities and homes are places where women and girls can live without fear of violence, abuse or harassment.

### The Statistics

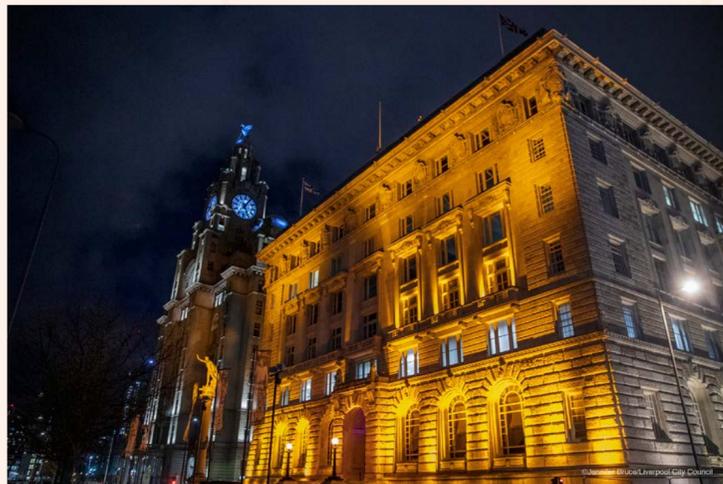
This issue has never been more vital or pertinent. In the 28 weeks following the kidnap and murder of Sarah Everard on 3rd March this year, 81 other women were killed in circumstances where the suspect is a man.

A recently released government survey found that 97% of 18–24 year-old women have been sexually harassed, while 80% of all women have been sexually harassed in public.

Violence against women remains devastatingly pervasive and starts alarmingly young. It is endemic in every country and culture. Across their lifetime, 1 in 3 women, around 736 million, are subjected to physical or sexual violence by an intimate partner or sexual violence from a non-partner – a number that has remained largely unchanged over the past decade.

**Join the campaign between 25th November and 10th December 2021 and speak out to help us to change gender-based attitudes and behaviours to end violence against women and girls.**

# #ORANGETHEWORLD



Last year, along with buildings around the world, civic buildings and iconic landmarks in the Liverpool City Region illuminated orange on the International Day for the Elimination of Violence against Women and Girls on 25th November and Human Rights Day on 10th December.

Landmarks that were illuminated orange included Liverpool Town Hall, Cunard Building, St George's Hall and the World Museum in Liverpool, Greystone Footbridge in Knowsley, the Mersey Gateway Bridge in Halton World Museum, Merseyside Police Headquarters, while Premier League football team, Everton FC, lit Goodison Park stadium in solidarity with the campaign.

This year, by illuminating civic buildings and landmarks once again, we will show solidarity and help to **#OrangeTheWorld**. If you also plan to light orange as part of the 2021 campaign, let us know and send us a picture, so we can share it as part of the campaign.

## Contact the Orange the World team

Make sure you tag **@SaveraUK** and **@ZontaLondon** on social media so we can retweet your pictures and continue to raise awareness and remember to use the hashtags **#16Days** **#OrangeTheWorld** and **#NoExcuseForAbuse** so we can share as many as we can.

St George's Hall and Cunard Building Photo: Jennifer Bruce/Liverpool City Council  
Merseyside Police Headquarters courtesy of Merseyside Police

Gender-based violence and abuse is a fundamental human rights violation, and it affects women and girls around the world.

Women and girls experience violence/abuse and discrimination in every culture, simply because of their gender. They face many forms of violence and abuse including 'honour'-based abuse (HBA), female genital mutilation (FGM) and forced/child marriage.

Millions of women and girls face many forms of violence throughout their lives, including rape, female genital mutilation (FGM), sexual exploitation and child marriage.

Tackling gender-based violence should no longer be a discussion, but an action. It is everyone's business to make change. Women, girls and all those affected by gender-based violence have the right to live free of fear and discrimination. Death or abuse should never be the price to pay for your freedom and right to choose, or for simply walking home.

If you haven't, let today be your first to #SpeakOut. Raise awareness in your home, among your friends, in your community and workplace and engage in collaborative working to make a change.

'Savera' means 'new beginning' in Hindi. At Savera UK we are committed to eradicating HBA and harmful practices for everyone, regardless of their gender, age, sexuality or background, both by standing in solidarity and supporting those affected and also by working collaboratively with professional partners. On this occasion we are proud to partner with Zonta Club London for the second year for the Orange the World campaign. Let us be the change we want to see.



**Afrah Qassim,**  
CEO, Savera UK

Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence.

Zonta Club London is part of a worldwide organisation actively engaged in changing the lives of women and girls through service and advocacy. We have 25,000 members in 63 countries who work to make the world safer for women and girls.

For more than 100 years, Zonta International has contributed to help achieve a world free of violence against women and girls through service and advocacy. Violence against women and girls is one of the most pervasive human rights violations and a global epidemic. Violence prevents women from contributing to their community and creating better lives for themselves and their families.

During the 16 Days of Activism Zontians all over the world take part in the Zonta Says NO to Violence Against Women campaign and influence the making and implementation of laws, as well as changing gender-based attitudes and behaviours to end violence against women.

We are delighted to be partnering again with Savera UK in a campaign to amplify voices on the issue of violence against women and demonstrate our commitment through the 'Orange the World' and UN 16 days of activism.



**Anne-Li Stjernholm,**  
President, Zonta Club of London

# USING THE TOOLKIT

Activism is critical and we are more powerful when we raise our voices together. This toolkit outlines our themes for each of the 16 days of activism, highlights relevant events and provides actionable ways for organisations and individuals to support the **#NoExcuseForAbuse** campaign.

Using the toolkit, you can identify ways that you can support the campaign and have your voice heard on the issues that matter most to you or your organisation. Your actions can be taken at any time during the 16 Days of Activism, or even beyond.



Each theme has a specific call to action indicated by the following icon.



There are also downloadable resources throughout the toolkit, indicated by underlined and hyperlinked text.

## Sharing on Social Media

When sharing any content connected to the Orange The World campaign, please tag in Savera UK and Zonta Club London's social media pages (below) and use the hashtags **#16Days** **#OrangeTheWorld** and **#NoExcuseForAbuse**

### Savera UK

Twitter: [SaveraUK](#)

Facebook: [Savera UK](#)

Instagram: [SaveraUK](#) / [SaveraUKYouth](#)

LinkedIn: [Savera-UK](#)

### Zonta London

Twitter: [ZontaLondon](#)

Facebook: [Zonta.London](#)

Instagram: [ZontaLondon](#)

LinkedIn: [Zonta-London](#)

# 16 DAYS OF ACTIVISM: OVERVIEW OF THEMES

To skip to a particular theme in the toolkit, click on the relevant day below.



## DAY 1 REMEMBRANCE

Attend our launch event in memory of women and girls lost to or affected by violence, abuse and harassment



## DAY 2 ENVISIONING

Women and girls describe the world they want, free of fear and violence/abuse



## DAY 3 LISTENING

Acknowledging and sharing survivor stories with friends, families and peers



## DAY 4 KNOWLEDGE

Research gender-based violence/abuse issues and share vital information



## DAY 5 ALLYSHIP

Discover tools and organisations that work with allies to tackle gender-based violence/abuse



## DAY 6 DISCUSSION

Start conversations about the issues and what changes could be made in your home, social circle or workplace



## DAY 7 GIVING

Donate to a charity that supports women and girls or amplify them on social media



## DAY 8 INCLUSION

Consider how you or your organisation supports marginalised groups who are affected by gender-based violence and abuse



## DAY 9 CULTURAL AWARENESS

Learn about and share information on harmful cultural practices



## DAY 10 YOUTH ENGAGEMENT

Encourage young people to engage with youth groups that are tackling gender-based violence/abuse



## DAY 11 SERVICE

Take action to support organisations helping survivors of domestic violence and harmful cultural practices



## DAY 12 ADVOCACY

Discover ways you can demand change and sign active petitions fighting to end gender-based violence



## DAY 13 COMMUNITY

Share empowering and useful resources with your network



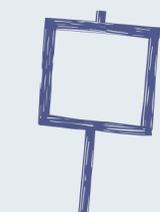
## DAY 14 OUTREACH

Write a blog or opinion piece on the topic of gender-based violence



## DAY 15 ACTION

Attend our online panel event on 9th November "Culture is Beautiful: No Excuse for Abuse"



## DAY 16 INTENT

Write and share your statement of intent to turn 16 days of activism into 365 days of activism

# DAY 1 REMEMBRANCE

## ORANGE THE WORLD 2021 LAUNCH

**Thursday 25th November**  
**12:30pm - 1:30pm**  
**Lovelocks Coffee Shop**  
**Old Haymarket, Liverpool, L1 6ER**  
Free, Registration Required

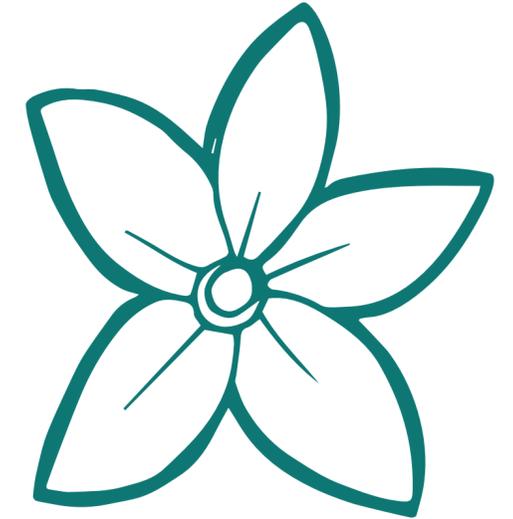
Join us to launch the Orange the World 2021 campaign and remember women lost to male violence, and those affected by abuse and harassment.

The Lord Mayor of Liverpool, Councillor Mary Rasmussen, Merseyside Assistant Chief Constable, Ngaire Waine, CEO and Founder of Savera UK, Afrah Qassim, Savera UK Chair, Aislinn O'Dwyer and Zonta Club London representative, Dianne Jeans, will speak on the topic of violence/abuse against women and girls and the work being done in the region to tackle it.



Attend our launch event or, if you are unable to do so, please join us in lighting an orange candle or light after sunset, as a mark of remembrance and share a photo on social media with **#NoExcuseForAbuse #OrangeTheWorld** and **#16Days**, tagging **@SaveraUK** and **@ZontaLondon**

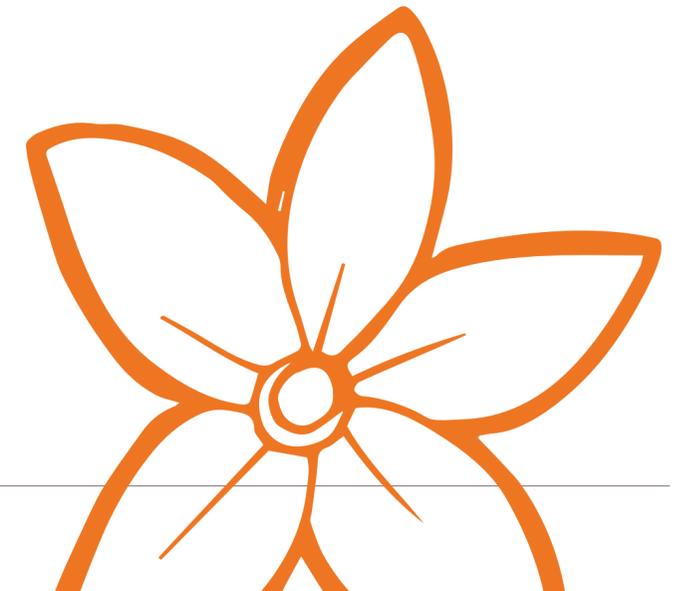
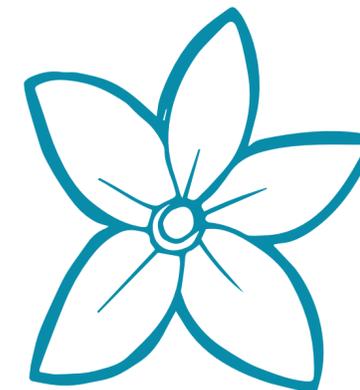
**[Learn how to make your own orange candle here](#)**



The event will also introduce the Orange the World 2021 campaign and highlight ways that you, your organisations and your network can get involved during the 16 Days of Activism.

We will remember those lost to male violence and attendees are strongly encouraged to wear the campaign's unifying colour - orange - to represent a positive future, free from violence against women and girls.

To register interest in attending, email [nikki@saverauk.co.uk](mailto:nikki@saverauk.co.uk)



# DAY 2 ENVISIONING

Envision the world that you want to live in and create a statement, video or image that reflects those wishes. Share your own statement, video or image on social media, or use one of ours below.

Tag **@SaveraUK** and **@ZontaLondon** and use **#OrangeTheWorld** **#NoExcuseForAbuse** and we will share as many as we can.

Envisioning Examples:

*"I envision a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential."*

*"I envision a world where no person is harmed by gender-based violence or abuse and all people are free to live their own authentic lives."*

*"I envision a world where I can express myself freely and on my own terms, without fear or risk of harassment."*



Share your envisioning statement, video or image on social media. Tag **@SaveraUK** and **@ZontaLondon** and use **#OrangeTheWorld** **#NoExcuseForAbuse** and **#16Days**.

**[Download our tips for creating a video using your smartphone](#)**

# DAY 3 LISTENING

Listen to the testimonies of survivors of male violence.

Stories from the brave women who have survived these experiences help us understand the difficulties they have faced and the impact of violence on them. By making time to listen to their stories you are helping them be seen and their experiences heard.

We invite you to visit the Savera UK website where you can listen to the testimonies of women who have been subjected to 'honour'-based abuse and other harmful practices. You can find these survivor stories [here](#).



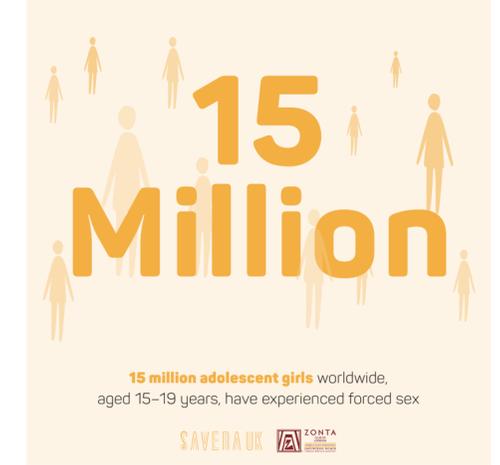
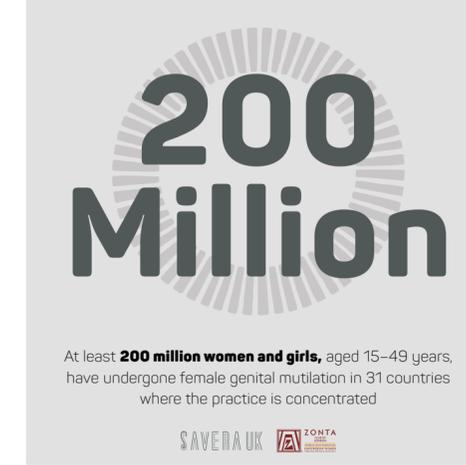
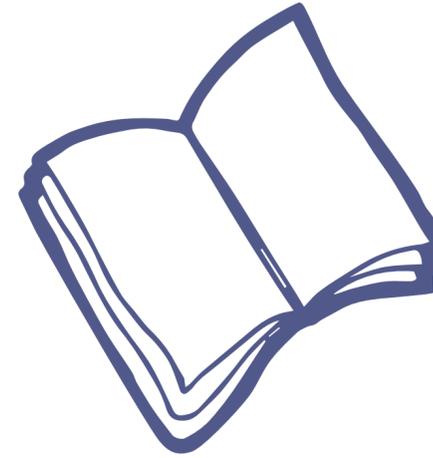
Once you have listened to these survivor stories, we encourage you to share them on social media, so more people can listen to them. Remember to tag in @SaveraUK and @ZontaLondon and use #OrangeTheWorld #NoExcuseForAbuse and #16Days

[Click Here For Survivor Stories](#)

# DAY 4 KNOWLEDGE

Use this day to strengthen your understanding and expand your knowledge of key facts and figures surrounding gender-based violence.

Research gender-based violence/abuse issues and share information, statistics and places where support can be accessed (see our 'support' section) within your organisation, with family and friends and across social media.

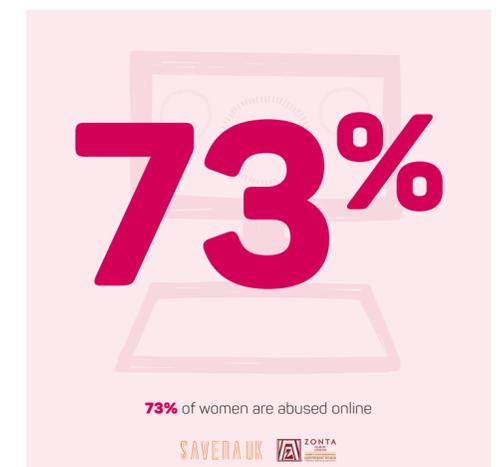


We encourage you to share these statistics by downloading our social media assets here and posting them on your profile. Remember to tag in @SaveraUK and @ZontaLondon and use #OrangeTheWorld #16 Days #NoExcuseforAbuse



[Download Assets here](#)

[More key statistics can be found at unwomen.org](http://unwomen.org)



# DAY 5 ALLYSHIP

Discover tools and organisations that work with boys and men on tackling gender-based violence/abuse. You can do this by copying the links below and sharing them on your social media pages, or by starting a conversation online on what you think allyship means, and why it is important in the fight to prevent violence against women and girls.

## Useful resources and organisations for male allies:

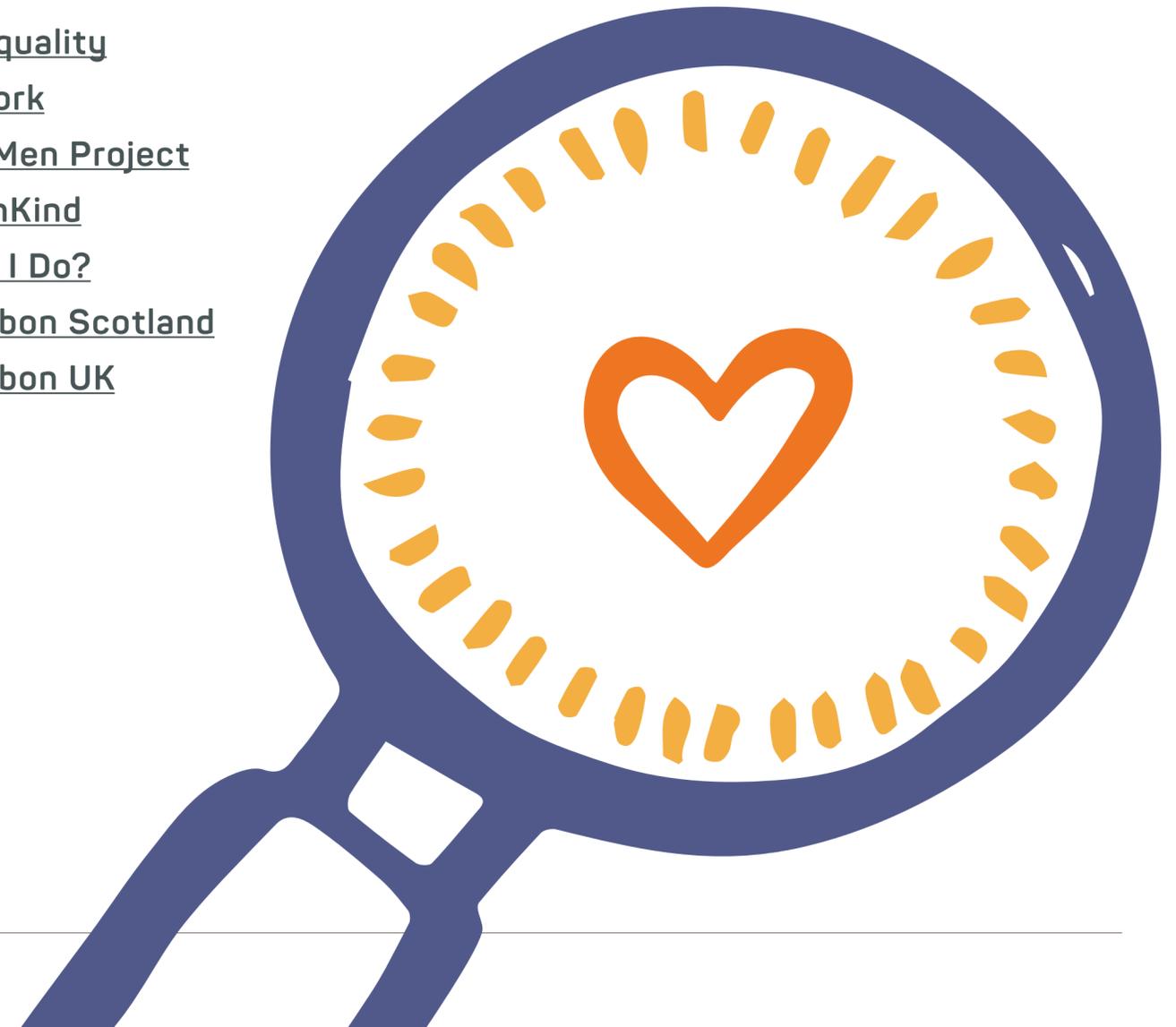
- [Make the White Ribbon Promise](#)
- [White Ribbon Reports](#)
- [TimeTo](#)
- [Beyond Equality](#)
- [Men at Work](#)
- [Feminist Men Project](#)
- [Being ManKind](#)
- [What Can I Do?](#)
- [White Ribbon Scotland](#)
- [White Ribbon UK](#)



If you are an ally, make the White Ribbon promise and stand in solidarity to end gender-based violence. Share a video of yourself making the promise or another statement on how you will be a better ally to women and girls. Once you have created your video, you can share it to Twitter, Facebook or Instagram, tag @SaveraUK and @ZontaLondon and use #OrangeTheWorld #NoExcuseForAbuse and #16Days



[\*\*Download our tips for creating a video using your smartphone\*\*](#)



# DAY 6 DISCUSSION

Use this day to facilitate a discussion event for your organisation where people can openly talk about the issues faced and what changes could be made.

Here are some starting points you could use for the discussion:

- **What issues are faced by women and girls in our organisation/workplace/social circle?**
- **What impact does this have?**
- **Why is it important that this issue is addressed?**
- **How can they be tackled effectively?**
- **Who do we need to work with to tackle these issues and ensure women and girls are safe in our organisation/workplace/social circle?**
- **What will our next steps be?**

There will be an 'Orange the World' Takeover on BBC Radio Merseyside's Upfront Show.

During the show, presented by Ngunan Adamu, we will discuss the impact of violence against women and girls and what needs to be done to stop it.

If you're not able to take part in your own discussion, listen to the show live at 8pm on Monday 8th November, or [listen later by clicking here](#)



You can share the key points from your discussions by taking to social media and sharing your thoughts. Make sure to tag @SaveraUK and @ZontaLondon and use #OrangeTheWorld #NoExcuseforAbuse #16Days.

# DAY 7 GIVING

Today is an opportunity to provide something to the important services that support survivors of male violence. **Donate to a charity that supports women and girls.**

This could be money, clothes or food, depending on what the charity needs. It is always best to get in contact and see if there is something specific your chosen charity requires before you make a donation. If you can't make a donation, volunteer your time instead to support their work [\[see Day 11 - Service\]](#).

You can also share their information on social media and amongst your networks, and encourage others to do the same.

Here are some organisations to consider supporting:

## International

- [Zonta International](#)
- [Zonta Foundation for Women](#)

## National

- [Savera UK](#)
- [Zonta Club London](#)
- [Women's Aid](#)

## Local

- [RASA](#)
- [Refugee Women Connect](#)
- [Amadudu](#)



Donate to organisations supporting women and girls, or promote them by sharing their details on social media.

# DAY 8 INCLUSION

Consider how you or your organisation supports marginalised groups who are affected by gender-based violence and abuse

Gender-based violence can happen to anyone, anywhere, but some communities are more vulnerable and often find support more difficult to access. These include migrants and refugees, indigenous women and ethnic minorities, those living with HIV and disabilities, and the LGBT+ community.

Those who are Trans, Intersex or gender non-conforming are particularly at risk. Last year alone it was reported that 350 transgender people - the majority being trans women of colour – were murdered worldwide, an increase on the 331 killed in 2019. However, these statistics are unlikely to be accurate as some countries don't acknowledge individuals as Trans and would therefore report them as the gender they were assigned at birth. Latest ONS statistics on Transphobia also indicates that 28% of Trans people have experienced hate crime, compared to 14% of cisgender people.

Savera UK provides life-saving services to those at risk, regardless of age, culture, sexuality or gender. As part of our commitment to inclusion and ensuring that all people can access the support they need, the organisation will be participating in a training session on how to be a Trans ally, to evolve our service to better support the Trans and gender non-conforming community.

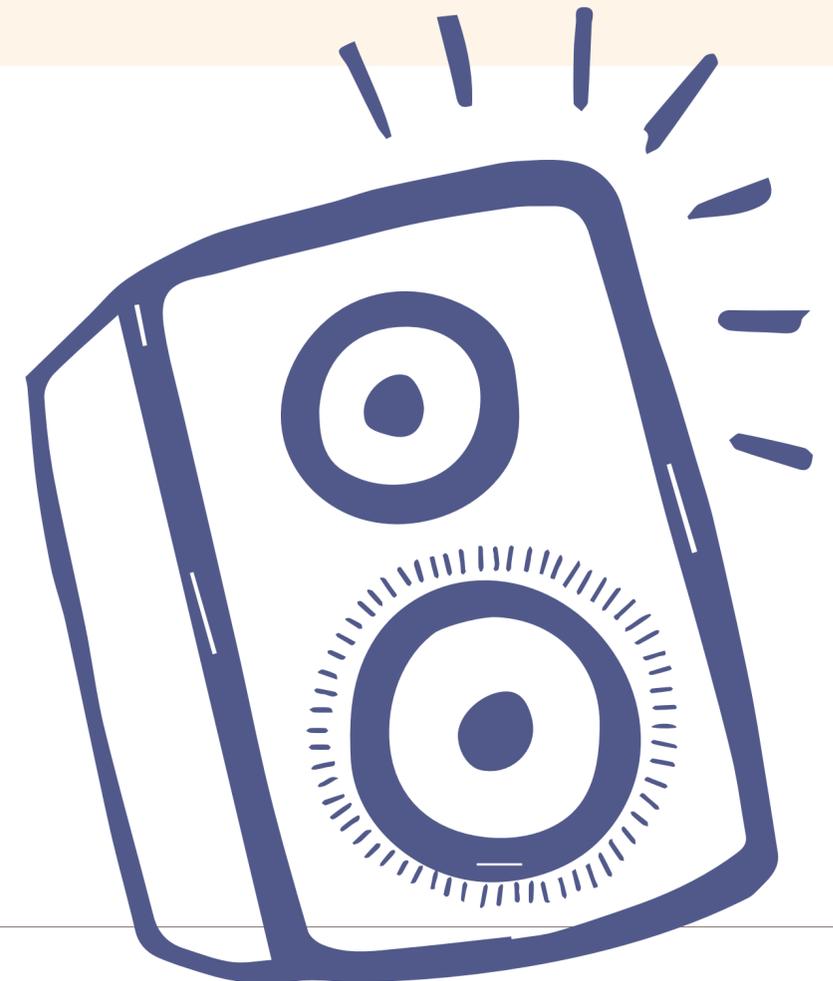
The session will be delivered by Savera UK Survivor Ambassador, Kiara Mohamed, a Trans multidisciplinary artist based in Liverpool and survivor of forced marriage, 'honour'-based abuse and genital mutilation.



Learn how you or your organisation can be an ally to the Trans community by downloading the PDF below and actioning the simple steps.



Download and implement steps from the "Being a Trans Ally" PDF and share the advice with your wider network on social media.

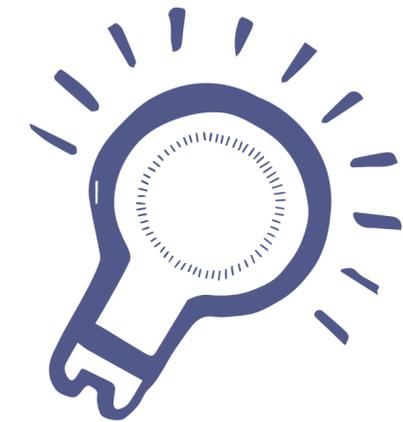


# DAY 9 CULTURAL AWARENESS

Culture and religion are often used as excuses or believed to be a justification for gender-based violence/abuse and harmful cultural practices such as 'honour'-based abuse, female genital mutilation, forced/child marriage and other harmful practices.

Research culturally-specific forms of gender-based abuse and learn how to call them out by following the 'One Chance Rule'.

To help develop other people's cultural awareness you can also share your findings by having discussions with colleagues, friends and family.



## Useful resources:

- [FACT SHEET: What are harmful practices?](#)
- [FACT SHEET: What is 'honour'-based abuse?](#)
- [FACT SHEET: What is female genital mutilation?](#)
- [FACT SHEET: What is forced marriage?](#)
- [INFORMATION: What is child marriage?](#)
- [VIDEO: Learn about and follow the 'One Chance Rule'](#)



Share the resources on this page with friends, family and colleagues and post on your social media channels. Don't forget to tag @SaveraUK and @ZontaLondon and use #OrangeTheWorld, #16Days #NoExcuseforAbuse.

# DAY 10 YOUTH ENGAGEMENT

Encourage young people in your network or organisation to engage with youth groups that are tackling gender-based violence/abuse.

Join [Savera UK Youth](#) or the [NAWO Young Women's Alliance](#), who work with Zonta Club London in achieving gender equality.



Savera UK Youth is a group of 11-25 year-olds who are taking part in the campaign to eradicate 'honour'-based abuse, female genital mutilation, forced marriage and other harmful practices. They have done incredible work to raise awareness of these issues, including running a [conference](#), a [Question Time event](#) with a panel of guests, a [quiz](#), created photography and held an [exhibition](#), developed performances and poetry about these issues and [much more](#).

Follow their work on their [Instagram page](#) or on their [website](#).



The NAWO Young Women's Alliance is a group focused on the empowerment and strength of young people to make positive change. Through our monthly sessions we create safe spaces for young people to learn, for their voices to be heard and action to be taken from what they have to say through the task forces translated from the passion during the inspirational events. As our social media presence grows we look forward to connecting more with young people on these platforms, mobilizing their voice to speak out against the injustices that plague the life of young people, predominantly gender based violence and abuse: the nature of it and what young people feel needs to be done.

[Facebook](#) | [Twitter](#) | [Instagram](#) | [Website](#)



Join a youth organisation that is tackling gender-based violence, or encourage young people in your network or organisation to do so.

# DAY 11 SERVICE

Take action to support an organisation helping survivors of domestic abuse/ violence, gender-based violence/abuse and harmful practices. Some ideas about ways you can help are:

- **Help to pack and deliver food packages**
- **Offer your skills to deliver an educational, leisure or wellbeing session (e.g. a crafting session, meditation session or book club)**
- **Offer your time to help pack festive hampers/gift boxes**
- **Volunteer to help manage events run by charities/organisations**
- **Amplify content, petitions and campaigns run by charities/organisations by sharing on social media**

It is always best to identify an organisation you wish to support and contact them to ascertain what help they need, before taking any action.



**[For a list of local, regional and national services, click here.](#)**

# DAY 12 ADVOCACY

Learn about how to be a good advocate by reading this [post by Hari Kitching](#) from Zonta Club London.

Advocate for change by signing and sharing petitions for causes you believe in. By taking these small actions we can help make big changes. Below are some active petitions you can sign.

## Petitions

### Safeguard Futures: End child marriage

Savera UK survivor ambassador Payzee Mahmood was forced into a child marriage by her parents at the age of 16. She and her sister Banaz were both married at 16 and 17, and Banaz was the victim of an 'honour' killing after leaving her abusive husband. Payzee divorced the man, who was 12 years her senior, and is now calling for marriage under 18 in England and Wales to be a crime.



[Sign her petition here](#)

### Ratify the Istanbul Convention on Violence Against Women

The Istanbul Convention (IC) is a law created in 2012 by the Government, who promised to get prevent violence against women, protect women experiencing violence and prosecute perpetrators. They promised a law that would dramatically change the lives of all women in the UK. However, the law is yet to be ratified (legally committed to), prompting organisation IC Change to demand the Government keeps the promise.



As well as [signing their petition](#). You can use the hashtag [#ICChange](#) and tag [@ICChangeUK](#) to share the message.

### Introduce free & independent lawyers for victims of rape

Lawyers for Rape Justice is urging the Government to provide people who report rape with legal support through the criminal justice system. Their campaign is prompted by the all-time-low figures of rape prosecutions (1 in 71 reported rape cases) and by stories from survivors of feeling 'blamed by investigators' and 'not treated with dignity.'



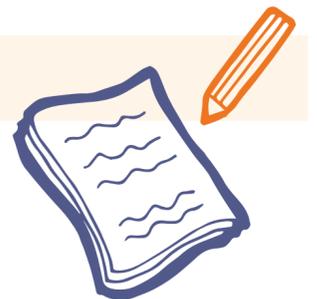
[Sign the petition here](#) and share the campaign on social media tagging [#Lawyers4RapeJustice](#), [write to your MP](#) about the cause, or write to Justice Secretary Dominic Raab.

### Make gender and misogyny part of the curriculum

One campaigner is calling for the Government to make gender and misogyny a compulsory part of the curriculum for schoolchildren. Simona Pompili, who created the petition, writes: "By the age of 10-11 boys have already formed their gendered identities (which often involves incorporating the dominant "macho" heterosexual ideal of masculinity) and have begun distancing themselves from perceived "feminine" behaviours in order to demonstrate to their peers what it means to be a "real boy" (which often means putting down or bullying girls). We need to shift this narrative and this has to start with school."



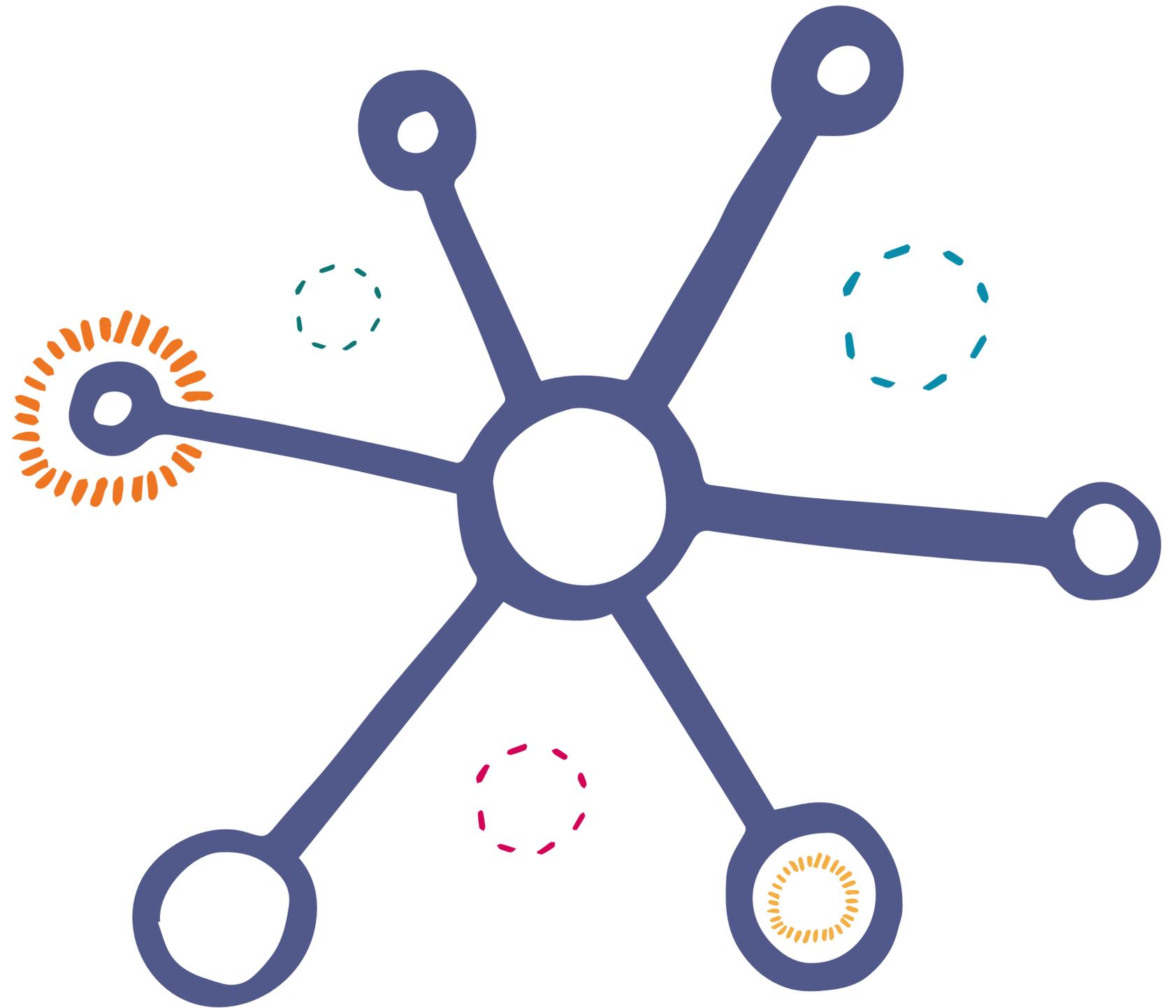
[Sign the petition here](#)



# DAY 13 COMMUNITY

Create a community conversation where you can discuss important resources with others. These could be empowering and useful books, blogs, or podcasts that you have read or listened to, which tackle the topic of gender-based abuse, and explain how they have helped you.

Savera UK and Zonta Club London have come together to create a list of some useful resources to get you started, you can read the [blog here](#).



Share resources you have found useful or post a link to our blog on your social media channels. Don't forget to tag us in [@SaveraUK](#) and [@ZontaLondon](#) and use [#OrangeTheWorld](#), [#NoExcuseForAbuse](#) and [#16Days](#).

# DAY 14 OUTREACH

Appoint someone from your organisation to write an opinion piece on the topic of gender-based violence/abuse or write a 'letter to editor' on the topic.

Find some inspiration below:

- [The Domestic Abuse Bill: The Triumph That Leaves So Many Behind](#)
- [Ending Gender-Based Violence](#)
- [Join us in saying NO](#)
- [The Sarah Everard tragedy shows violence against women must be a political and policing priority](#)



Write a blog, opinion piece or article on the the topic of gender-based violence/abuse and share on social media.



If you're not sure how to go about writing an opinion piece, have a look at this [\*\*Savera UK blog for inspiration.\*\*](#)



# DAY 15 ACTION

## CULTURE IS BEAUTIFUL: **NO EXCUSE FOR ABUSE**

Join Savera UK and Zonta Club London (a member of Zonta International) for an online panel discussion tackling the harmful ways that culture is wrongly conflated with human rights abuses against women and girls.

**Culture is Beautiful: No Excuse for Abuse** will discuss how cultures and cultural beliefs, including religion, are used as an excuse for male violence against women/girls and harmful practices, the misinformation that perpetuates this belief and how such harmful practices are in fact a violation of human rights that need to be tackled.

The event will also share the voices of survivors and there will be an open Q&A session where attendees can put their questions to the panelists.

**[Register Now](#)**

### Meet the Speakers



#### **Mansi Mehta**

Deputy Director of Global Cause Partnerships at UNICEF USA and a partnership development and public health professional. Zonta International partners with UNICEF on its Global Programme to End Child Marriage.



#### **Dr. Elham Manea**

PD Dr. Elham Manea is a *Privatdozentin* (equivalent to associate Professor) at the Political Science Institute, University of Zurich, as well as a writer and human rights advocate.



# DAY 15 ACTION

[Register Now](#)



**Dr Leyla Hussein OBE**

Dr Leyla Hussein OBE is a psychotherapist, specialising in supporting survivors of sexual abuse. She is an international lecturer on female genital mutilation (FGM) and speaker on gender rights.



**Nazir Afzal OBE**

Nazir Afzal OBE is the Patron of Savera UK and the Former Chief Prosecutor for North West England. He is an expert in de-radicalisation and a senior British lawyer who campaigns on issues around child sexual exploitation and violence against women.



**Afrah Qassim**

Afrah is the founder and CEO of Savera UK, a leading national organisation tackling the causes and effects of harmful practices including 'honour'-based abuse, female genital mutilation and forced/child marriage.



**Britt Gustawsson**

Britt Gustawsson is a longstanding member of Zonta International, presently treasurer of Zonta Club London and member of the Zonta International Nominating Committee. She is active in the UK CSW Alliance, which organizes civil society in the UK before and during the Commission on the Status of Women (CSW).



[Register Now](#)

# DAY 16 INTENT

Reflect on the 16 days of activism and write a statement of intent, highlighting how you continue your activism work all year round.

When writing your statement, ask yourself:

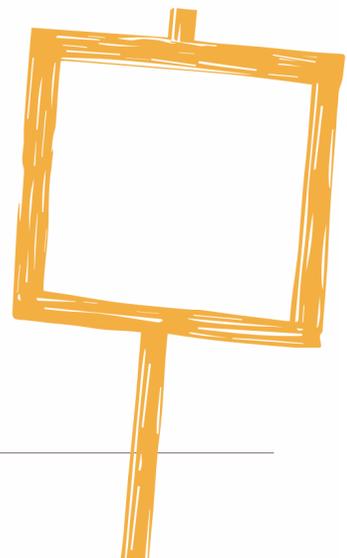
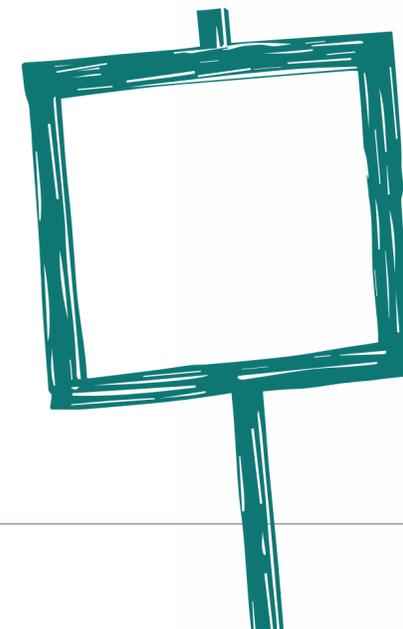
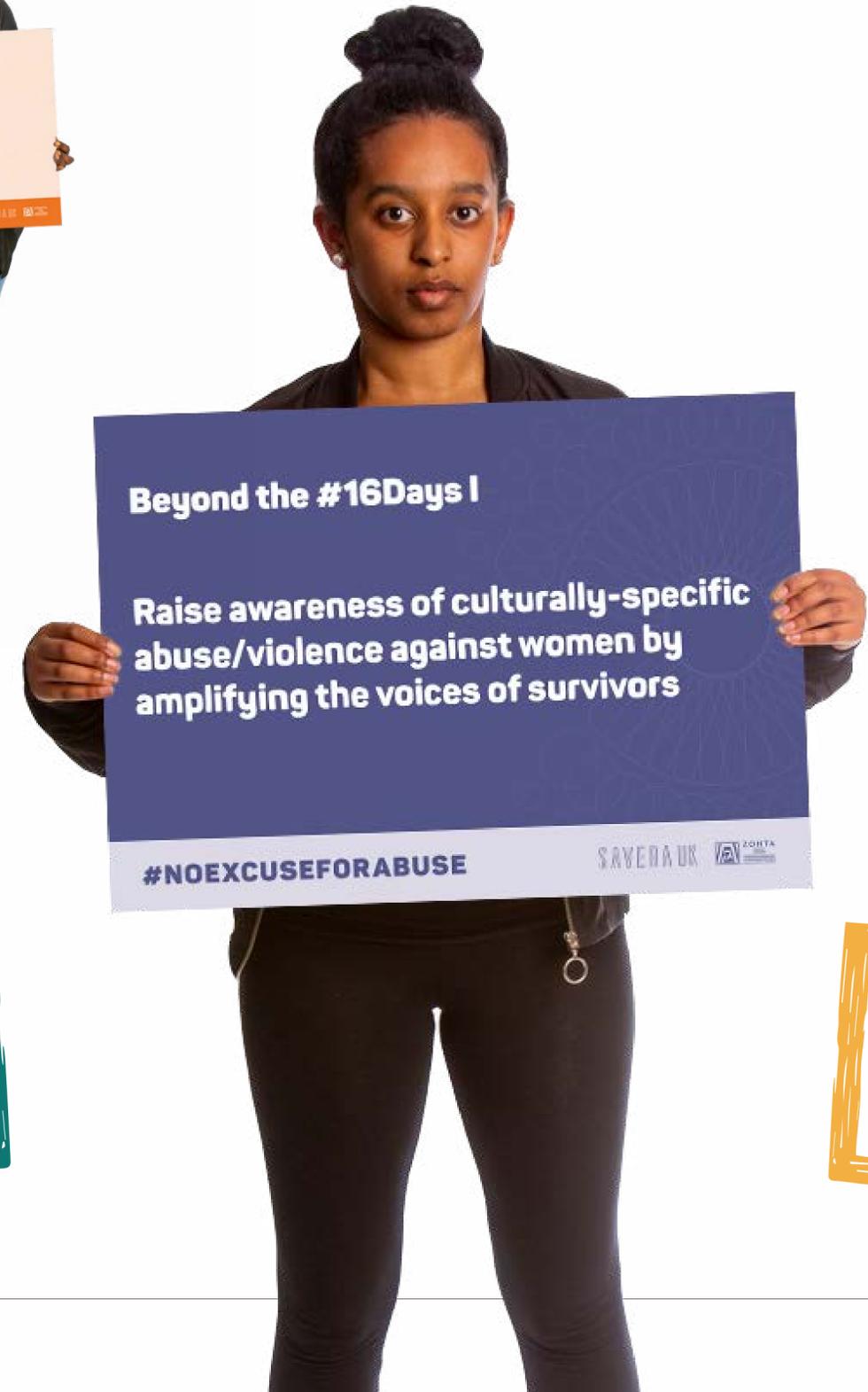
- **What do you want to achieve through your activism, outside of the 16 days? (e.g. raise and spread awareness, participate in advocacy action or be of service to organisations that support women and girls)**
- **Is there are particular issue you would like to focus on?**
- **What steps will you take to remain committed to your cause long-term?**



However you plan to participate, print the statement of intent PDF template below, write your statement on it and take a photo of you holding it up to share on social media, using #OrangeTheWorld #16Days and #NoExcuseForAbuse



[Download the PDF template](#)



# SUPPORT SERVICES

## LOCAL & REGIONAL

### **Amadudu** **[amadudu.org](http://amadudu.org)**

Amadudu is a refuge for women and children fleeing domestic abuse. The service offers temporary accommodation for families, providing support, understanding and access to additional services when required. Black and Racial Minority (BRM) women and children are prioritised but referrals are taken from all sections of the community.

Hours: 8am-8pm

Tel: 0151 734 0083

Email: [info@amadudu.org](mailto:info@amadudu.org)

### **#ItsNeverOK Wirral**

**<https://itsneverokwirral.org/>**

Domestic abuse information and support provided by Wirral Domestic Abuse Alliance

### **Liverpool Domestic Abuse Services** **[liverpooldomesticabuseservice.org.uk](http://liverpooldomesticabuseservice.org.uk)**

Domestic abuse support for women and girls.  
Drop in, referral and outreach services.

Freephone: 0800 084 2744

Office: 0151 263 7474

Mobile/text for hard of hearing: 0756 201 3316

### **Liverpool IDVA** **[IDVA \(localsolutions.org.uk\)](http://idva.localsolutions.org.uk)**

Domestic abuse support for males and females who are risk assessed as high risk of serious harm or fatality in the Liverpool area, to reduce risk and improve safety.

Telephone: 0151 709 0990 (Available Monday 9am-8pm and Tuesday to Friday 9am - 5pm)

Email: [idva@localsolutions.org.uk](mailto:idva@localsolutions.org.uk)

### **Merseyside Domestic Violence Service** **[mdvs.org](http://mdvs.org)**

Services for women, men, families, children and young people, including help with domestic abuse and stalking. MDVS tackles domestic abuse by targeting perpetrators while providing quality interventions and opportunities for perpetrators to change their abusive behaviours.

Telephone: 0780 272 2703

### **Rape and Sexual Abuse (RASA)** **[rasamerseyside.org](http://rasamerseyside.org)**

Professional counselling and support service to improve the mental and physical wellbeing of individuals impacted by sexual violence

Helpline: 0151 666 1392

(Tuesday and Thursday 6-8pm, Friday 12pm-2pm)

Referrals: 0151 558 1801

Email: [referrals@rasamerseyside.org](mailto:referrals@rasamerseyside.org)

# SUPPORT SERVICES

## LOCAL & REGIONAL

### **Ruby Project**

**[psspeople.com/whats-happening/news/the-futures-bright-for-ruby](https://psspeople.com/whats-happening/news/the-futures-bright-for-ruby)**

Domestic abuse support for women.

Telephone: 0151 702 5559/5500

Mobile: 07714289180

Out of hours: 0800 688 9990

### **Savera UK**

**[saverauk.co.uk](https://saverauk.co.uk)**

Specialist charity supporting survivors of and those at risk of 'honour'-based abuse and harmful practices, providing life-saving services regardless of age, culture, sexuality or gender.

Helpline: 0800 107 0726 (9am – 5pm,

Monday – Friday, excluding Bank Holidays)

If you are at immediate risk please ring 999

### **South Liverpool Domestic Abuse Services**

**[sl-domesticabuseservices.org.uk](https://sl-domesticabuseservices.org.uk)**

Support women across the south and south central area of Liverpool

Freephone: 0800 083 7114

Mobile/text for hard of hearing: 07593 549 0040151

Office: 0151 494 2222/0151 494 1777

### **Victim Support Merseyside**

**[victimsupport.org.uk/resources/merseyside](https://victimsupport.org.uk/resources/merseyside)**

Free and confidential support for people affected by crime and traumatic events.

Telephone: 0151 353 4003

(Monday to Friday 9am-5pm)

Out of hours: 0808 1689 111

### **Worst Kept Secret Helpline Merseyside**

**[www.localsolutions.org.uk/north-west-services/domestic-abuse/14-worst-kept-secret](https://www.localsolutions.org.uk/north-west-services/domestic-abuse/14-worst-kept-secret)**

Tel: 0800 028 3398 (this number will not show up on your phone bill)

Email: [wks@localsolutions.org.uk](mailto:wks@localsolutions.org.uk)

# SUPPORT SERVICES

## NATIONAL

### **Savera UK**

**[saverauk.co.uk](http://saverauk.co.uk)**

Leading charity providing life-saving services to those at risk of 'honour'-based abuse and other harmful practices, regardless of age, culture, sexuality or gender identity.

Helpline: 0800 107 0726

(9am – 5pm, Monday – Friday)

Email: [info@saverauk.co.uk](mailto:info@saverauk.co.uk)

If you are at immediate risk please ring 999

### **National Domestic Abuse Helpline**

**[nationaldahelpline.org.uk](http://nationaldahelpline.org.uk)**

Twenty-four hour national free helpline for women and children.

Freephone: 0808 2000 247

### **Ask for ANI at a pharmacy #youarenotalone**

If you are experiencing domestic abuse and need immediate help, ask for 'ANI' in a pharmacy that has the 'Ask for ANI' logo on display. 'ANI' stands for Action Needed Immediately but also sounds like the name Annie. They will offer you a private space, provide a phone and ask if you need support from the police or other domestic abuse support services.

**[Find out more at GOV.UK/domestic-abuse](https://www.gov.uk/domestic-abuse)**

### **GALOP**

**<https://galop.org.uk/get-help/>**

Support for LGBT victims of domestic abuse

Telephone: 0800 999 5428

Email: [help@galop.org.uk](mailto:help@galop.org.uk)

### **Women's Aid**

**[www.womensaid.org.uk](http://www.womensaid.org.uk)**

Support for if you are being abused or suffering indirectly as the result of abuse

Telephone: 0808 2000 247 (24 Hours)

# CALENDAR OF EVENTS

Below is an overview of some upcoming events. More events and additional details will be added in the run-up to the 16 days of activism, please refer to our events page for the most up-to-date information.

## **THURSDAY 25TH NOVEMBER** **PARENTS PROTECT TRAINING**

10am - 11:30am

### **ONLINE**

RASA will deliver training which aims to provide the information needed to recognise the warning signs of abuse in both adults and children and to build the confidence in accessing support reporting.

## **ORANGE THE WORLD 2021 LAUNCH**

12:30pm - 1:30pm

### **Lovelocks Coffee Shop, Liverpool City Centre**

Savera UK and Zonta Club London event to launch the Orange the World 2021 campaign and remember women lost to male violence, and those affected by abuse and harassment. Speakers will include the Lord Mayor of Liverpool, Councillor Mary Rasmussen, Merseyside Assistant Chief Constable, Ngaire Waine, CEO and Founder of Savera UK, Afrah Qassim, Savera UK Chair, Aislinn O'Dwyer and Zonta Club London representative, Dianne Jeans. [\(See page 7 for full details\).](#)

## **RASA ORANGE THE WORLD EVENTS**

### **Merseyside – Various Locations**

To raise awareness and reclaim public spaces, RASA will run a series of mini events in public spaces around Merseyside from 25th November through to 10th December. Orange ribbons will highlight the areas where women and girls do not feel safe and help to act in reclaiming these spaces.

## **FRIDAY 26TH NOVEMBER** **MINDFULNESS BODY SCAN**

9am - 10am

### **ONLINE**

A mindfulness practice spending time resting awareness on each part of our body, offering gratitude and affection. Delivered by RASA.

## **MONDAY 29TH NOVEMBER** **MINDFULNESS BODY SCAN**

4pm - 5pm

### **ONLINE**

A mindfulness practice spending time resting awareness on each part of our body, offering gratitude and affection. Delivered by RASA.

## **WEDNESDAY 1ST DECEMBER** **DISCLOSURE TRAINING**

1pm - 4pm

### **ONLINE**

Training for professionals about impact of sexual violence and how to respond to disclosures.

## **THURSDAY 2ND DECEMBER** **LIVERPOOL PROBATION** **SERVICE AWARENESS EVENT**

Cake sale and an awareness workshop for Liverpool North Staff. Donations including toys, toiletries books are also being requested, with donations and money raised going to IDVA.

## **THURSDAY 9TH DECEMBER** **CULTURE IS BEAUTIFUL:** **NO EXCUSE FOR ABUSE**

4pm - 6pm

### **ONLINE**

Join Savera UK, Zonta Club London and Zonta International for an online panel discussion tackling the harmful ways that culture is wrongly conflated with human rights abuses against women and girls.

## **FRIDAY 10TH DECEMBER** **FUNDRAISING BAKE SALE**

All day (or until cakes are gone)

### **Liverpool/Sefton Women's Centre**

Fundraising bake sale with all proceeds going to the IDVA (Independent Domestic Violence Advisors).

[Visit Events Page](#)

# ORANGE THE WORLD 2021

**#NOEXCUSEFORABUSE**

25th November - 10th December 2021

## **16 Days of Activism Toolkit**

Stand up and speak out to tackle gender-based violence and abuse

**SUPPORTED BY:**

SAVERA UK



With thanks also to all of our funders, fundraisers and supporters.