

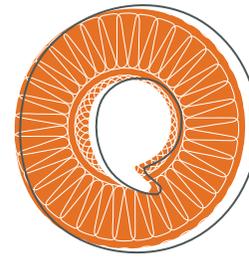
### DO NOT:

- Send them away
- Approach members of the family
- Approach members of the community
- Accept family or community members statements without an 'honour'-based abuse targeted risk assessment and the relevant questions being asked
- Attempt mediation, reconciliation (such as family counselling) with the family and/or community members
- Approach the person at risk's family or community leaders/members – this could heighten the risk to them
- Share information without consent

**Accurate record keeping in all cases of violence/abuse in the name of honour is important.**

### Records should:

- Be accurate, detailed, clear and include the date
- Use the person's own words in quotation marks
- Document any injuries – include photographs, body maps or pictures of their injuries
- Only be available to those directly involved in the person's case



# JOIN OUR CAMPAIGN TO ERADICATE HARMFUL PRACTICES.

## SAVERA UK

Tackling 'honour'-based abuse and harmful practices across the UK

For help and support please contact any of the following:

**Helpline: 0800 107 0726**

**[www.saverauk.co.uk](http://www.saverauk.co.uk)**

**[info@saverauk.co.uk](mailto:info@saverauk.co.uk) (for all general enquiries)**

**[new.referrals@saverauk.cjsm.net](mailto:new.referrals@saverauk.cjsm.net)**

**(messages to this address must only be sent from another secure email address, for privacy and safety reasons)**

**Operating hours (Mon – Fri, 10am – 4pm)**

**In an emergency, please call 999**



Company Number 7564891 | Registered Charity Number 1145564

## WHAT IS THE 'ONE CHANCE RULE'?

You may only have one chance to save the life of a person who is at risk or under threat of 'Honour'-Based Abuse (HB) and harmful practices (forced marriage and female genital mutilation). They may only have one chance to make a disclosure, meaning you only have one chance to save and protect a life. This means that we all need to be aware of our responsibilities and obligations when we come across those at risk. If a person at risk is not listened to or taken seriously and walk out of the door without immediate support and protection being offered, that one chance might be lost and a life lost too.

## SAVERA UK

**Helpline: 0800 107 0726**

**(Mon – Fri, 9am – 5pm)**



**#imspeakingout**

## ONE CHANCE CHECKLIST

### Forced Marriage, 'Honour'-Based Abuse (HBA) and Female Genital Mutilation (FGM)

- See the person at risk on their own – even if they are accompanied by others
- See the person at risk immediately in a secure and private place where you will not be overheard
- Reassure the person at risk about confidentiality and explain that you will not give information to family, friends or the community or anyone that can be a risk to their wellbeing
- Take them seriously and listen to what they are saying; it is crucial to listen to the person at risk or potential victim's concerns – remember that they may not be able to articulate why they believe they are at risk or provide tangible evidence of the risks
- Explain all the options to the person at risk and possible outcomes
- Recognise and respect their wishes
- Assess the risk faced by conducting an appropriate and thorough risk assessment
- Agree a way to make contact safely (for example agree a code word)
- Obtain full details of the person at risk and record these safely
- Provide contact details or help the person at risk to memorise your contact details and/or those of a support agency
- Consider the need for immediate police involvement, protection and placement away from the family and arrange this if necessary; this includes any action to stop the person at risk from being removed from the UK
- Do everything you can to keep the person at risk safe
- Get immediate advice if you are not sure what to do

**Remember, cultural acceptance does not mean accepting the unacceptable.**

**All staff employed by a local authority, professionals working with vulnerable people, the police and the NHS are legally obliged to make a referral to the local authority if they know or suspect someone is "a child or adult at risk".**

### DO NOT MAKE ATTEMPTS TO CONTACT THE FAMILY OR COMMUNITY MEMBERS – THIS INCREASES RISK AS THEY MAY BE COLLUDING WITH THE ABUSE.

Involving families in cases of 'honour'-based abuse, forced marriage and harmful practices is extremely dangerous and in no circumstances should agencies allow the person's family to find out about any disclosure.

- Family involvement can cause an increased risk of serious harm to the person at risk, including threats to kill, kidnapping, blackmail, false imprisonment, being forced into marriage
- Involving the family includes: visiting the family to ask them about harmful practices or writing a letter to the family requesting a meeting about the 'person at risk' statement
- Relatives, friends, community leaders and neighbours should not be used as interpreters, despite any reassurances from this known person

**In cases of potential 'honour'-based abuse, it is essential to consider other siblings and family members that may be experiencing, or at risk of, the same abuse.**