

## Savera UK...

- Is here to help and support those who are at risk of harmful practices.
- Recognise that men also can be at risk of domestic abuse and harmful practices.
- Recognise the courage it takes for a survivor of harmful practices to ask for help.
- Does all it can to meet the needs of those who ask for our help and support.

## Remember, cultural acceptance does not mean accepting the unacceptable.

Important dos and don'ts when working with survivors of 'honour'-based abuse and other harmful practices:

- DO** believe and take their concern seriously
- DO** see them immediately and alone
- DO** complete an in-depth risk assessment and consider all cultural concerns
- DON'T** send them away
- DON'T** mediate with the family or community members
- DON'T** share information without their consent

# JOIN OUR CAMPAIGN TO ERADICATE HARMFUL PRACTICES.

SAVERA UK

Tackling 'honour'-based abuse and harmful practices across the UK

For help and support please contact any of the following:

**Helpline: 0800 107 0726**

**[www.saverauk.co.uk](http://www.saverauk.co.uk)**

**[info@saverauk.co.uk](mailto:info@saverauk.co.uk)**

**Operating hours (Mon – Fri, 9am – 5pm)**

**In an emergency, please call 999**



Company Number 7564891 | Registered Charity Number 1145564

## Tackling 'honour'-based abuse and harmful practices across the UK

# SPEAK OUT.

[SAVERAUK.CO.UK](http://SAVERAUK.CO.UK)

SAVERA UK



**#imspeakingout**

Savera UK is a registered charity established in 2010. Savera UK's vision is to work with communities to tackle cultural taboos such as 'honour'-based abuse and harmful practices, as well as challenging attitudes towards such practices. The charity has found that the communities within which this abuse takes place are not fully equipped to confront the issue. This too extends to the professionals who are tasked with being the first line of response. The work that Savera UK does will provide a multi-agency approach to ensure that no vulnerable individual will be left unaided and can rely on the institutions that are there to protect them.

## The Savera UK Team

- The Governing Board of Directors
- The Advisory Group
- The Service Team that covers different roles and responsibilities

**Savera UK's team is committed to do all we can to support those who seek our service. We also provide opportunities for them to make their own choices to support them and start their new beginning.**

## 'Honour'-Based Abuse and Harmful Practices

Honour based abuse (HBA) is a crime or incident that has been committed to protect or defend the "honour" of the family and/or community. It is a collection of practices, which are used to control behaviour within families or other social groups to protect perceived cultural and religious beliefs with the impression that the victim has "shamed" them.

Female genital mutilation (FGM) was made illegal in the UK in 1985 for women and girls. FGM is any procedure involving partial or total removal of the external female genitals or other injury to the female genital organs for non-medical reasons.

Forced marriage is where one or both parties do not (or cannot due to vulnerabilities) consent to their marriage. Victims experience physical, psychological, financial, sexual and emotional pressures from family members or their communities to get married.

## We provide:

- Confidential and culturally sensitive advice and support for individuals.
- One to one support service.
- Cultural advice and information for professionals.
- A strategic and operational level of work.
- Training to all including professionals, communities and all educational institutions.
- Collaborations with other services and agencies.
- Lead and participate in research relevant to the issues we tackle.

**Most importantly, Savera UK will listen to the voices of survivors and individuals under threat of 'honour'-based abuse and harmful practices.**

Savera has offered me a lifeline, I know it's not over yet and I know there are more challenging times ahead – but I know that Savera will be with me, walking by my side, supporting me. In Savera I trust. *A survivor*