

# 1-1 DIRECT INTERVENTION SERVICE SUMMARY

We work with any individuals experiencing or at risk of 'honour'-based abuse (HBA) and any harmful practices, regardless of gender, age, sexuality, or ethnicity, as well as the professionals working with them.

To make a professional referral to Savera UK, visit our Professional Interventions page and select the relevant online referral form to complete [www.saverauk.co.uk/professional-interventions/](http://www.saverauk.co.uk/professional-interventions/)

## **Savera UK Referral Criteria**

To meet our referral criteria, a person must be at risk or a survivor of at least one of the following:

- HBA or harmful practices (including, but not limited to, forced marriage, female genital mutilation, virginity testing or breast ironing)
- Not being accepted by family/community due to not sharing the same beliefs
- Any other harmful practices or culturally specific harm/abuse
- Domestic abuse related to HBA or harmful practices
- Trafficking related to HBA or harmful practices

## All referrals **MUST** meet our referral criteria to be accepted.

### What we do

Once accepted as a referral we can provide:

- 1-1 direct intervention
- Safeguarding and advocacy
- Specialist advisory services for professionals
- Specialist consultancy services across the UK
- Empowerment and wellbeing programmes

### Services we do not provide

Below are services we do not currently provide at Savera UK. However, when working with professionals whose clients meet our referral criteria, we may be able to signpost or refer to appropriate and trusted services.

- Legal advice or form-filling
- Immigration advice or form-filling
- Housing/refuge placement
- Benefits advice or form-filling
- Expert witnesses for court

### We also **DO NOT**:

- Provide services for cases of general domestic abuse/violence - we are a specialist HBA and harmful practices service
- Engage with perpetrators or attend any meetings where perpetrators are present
- Mediate with client's family, friends, or wider community
- Provide childcare
- Operate as an emergency service -  
In an emergency, please call 999

### For safety purposes, we ask that:

- Our organisation and staff names are not included on any agenda or documentation that may be shared with any perpetrator/potential perpetrator
- You alert us before the meeting if any perpetrators/potential perpetrators are expected to attend

Our team may contact you ahead of the meeting to ask some questions. If a perpetrator/potential perpetrator is present at any meeting we attend, we will withdraw from the meeting immediately

**Details of Savera UK staff or our organisation should NEVER be disclosed to perpetrators, potential perpetrators or anyone who may be facilitating their behaviour.**

### **WHEN HELPING SOMEONE AT RISK OF HBA AND HARMFUL PRACTICES, UNDER NO CIRCUMSTANCES:**

- Let the family, community or social network know about the disclosure
- Speak to the person at risk in front of family members or within the family home
- Approach the family or community leaders or attempt mediation
- Use members of the community to interpret
- Accidentally give out information which might jeopardise the person's safety

Caution is required about how information is shared, recorded, and safeguarded within the organisation. Information should only be shared on a need-to-know basis.

# WHAT ARE HBA AND HARMFUL PRACTICES?

Below is a summary and examples of HBA and harmful practices. You can click the links to download more detailed fact sheets, containing key facts, consequences and indicators of HBA and harmful practices, and how to respond appropriately to a disclosure, case or suspected case.

## **'Honour'-based abuse (HBA)**

'Honour'-based abuse (HBA) is a crime or incident that has or may have been committed to protect or defend the 'honour' of the family and/or community. The term 'honour'-based abuse encompasses the physical, emotional, and practical abuse (e.g., emotional, coercive, financial) that those at risk endure. 'Honour'-based violence (HBV) refers to specific acts of violence committed in the name of 'honour', for example when talking about physical attacks or 'honour' killings.

[Download Factsheet](#)

## **Harmful practices**

Harmful practices reflect the values and beliefs held by members of a family and/or a community that have been there for generations. Some values and beliefs are beneficial to all members, while others are harmful and a violation of human rights.

Some examples of harmful practices are: 'Honour'-based abuse (HBA), forced marriage, child marriage, female genital mutilation (FGM), breast ironing/flattening, virginity testing and hymenoplasty, dowry payments, son preference, bride-price, marital captivity, conversion therapy/practices and sex-selective abortion.

[Download Factsheet](#)

## **Female genital mutilation (FGM)**

Female genital mutilation (FGM) is a harmful practice that comprises all procedures that involve partial or total removal of the external female genitalia, or other injury to the female genital organs for non-medical reasons.

[Download Factsheet](#)

## **Forced marriage**

Forced marriage is a marriage in which one or both parties do not (or, in the case of some adults with learning or physical disabilities, cannot) consent to the marriage and duress is involved. Duress can include physical, psychological, financial, sexual, and emotional pressure.

[Download Factsheet](#)

Further information, advice and resources are available on the [Savera UK Learning Hub](#)

## **We will end 'honour'-based abuse and harmful practices**

Helpline: **0800 107 0726**

10am - 4pm, Monday to Friday



**SaveraUK**

**In an emergency, please call 999.**